

Video Format & Upload

Any clips submitted should preferably be H264 HD .mp4 or .mov.

	Preferred specification
File format	Preferred format: .mp4 / .mov Supported alternatives: .wmv, .avi, .dv, .vob, .m2ts, .m4v, .mkv
Video codec	H.264 (AVC)
Audio codec	Stereo, 48Khz audio is preferred, in formats: AAC (256k or higher), Linear PCM, or Apple Lossless
Bit rate	8–10 mbps
File size	File sizes up to 40 Gigabytes are supported. See the table below (page 4) to estimate upload time for a variety of file sizes and networks
Frame rate	Frames per second: 24, 25 or 30
Note	Please do not add letter-box or pillar-box to your video. All videos will display correctly.

Please use our preferred specification where possible, however if your original best quality video is in another format, we would prefer to receive it with a minimum of trans-coding to preserve quality. Please note that it is the entrant’s responsibility to ensure video quality.

RTS recommends that you check the video quality before the file is uploaded and watch once again when the upload and transcode is complete.

If you are not happy with the video quality please recreate the file and, if the file has been uploaded, notify RTS via awards@rts.org.uk

RTS will not be held responsible for any video quality problems.

Estimated Upload Times

This table shows roughly how long a file will take to upload, based on its size and the available bandwidth.

	Available Bandwidth				
File Size	2 Mbps	5 Mbps	10 Mbps	15 Mbps	20 Mbps
0.5 GB	34.1 mins	13.7 mins	6.8 mins	4.6 mins	3.4 mins
1 GB	68.3 mins	27.3 mins	13.7 mins	9.1 mins	6.8 mins
2 GB	2.3 hours	54.6 mins	27.3 mins	18.2 mins	13.7 mins
5 GB	5.7 hours	2.3 hours	1.1 hours	45.5 mins	34.1 mins
10 GB	11.4 hours	4.6 hours	2.3 hours	1.5 hours	68.3 mins
15 GB	17.1 hours	6.8 hours	3.4 hours	2.3 hours	1.7 hours
20 GB	22.8 hours	9.1 hours	4.6 hours	3.0 hours	2.3 hours

Please note that if your computer goes into ‘sleep’ mode during this time, the upload will pause. Once the file has completed uploading it will automatically begin to transcode. Once transcoded, all videos will be available to watch in your **Media Library**.